

**Johns Hopkins Division of Allergy & Clinical Immunology**

**Puncture Skin Test Order Form**

**FOOD PANEL**

**INSERT LABEL HERE**

**Reason for testing: Rule out Allergies**

**Ordering Physician (print):**

**Ordering Physician (signature):**

**Date Ordered:**

**Time Ordered:**

**Technician:**

**Interpreting Physician:**

**Date Performed:**

**EoE PANEL = Common Foods + Shaded items**

**Notes:**

CONTROLS	W/E	GRAINS/SEEDS	W/E	SEAFOOD AND SHELLFISH	W/E	VEGETABLES (Cont'd)	W/E
C1. Diluent		23. Barley		44. Black bass		71. Potato, sweet	
C2. Histamine		24. Buckwheat		45. Catfish		72. Spinach	
<b>COMMON FOODS</b>		25. Hops		46. Clam		73. Squash	
1. Bean, string		26. Malt		47. Codfish		<b>FRUITS</b>	
2. Beef		27. Mustard		48. Crab		74. Apple	
3. Chicken		28. Sesame		49. Flounder		75. Apricot	
4. Cocoa bean (chocolate)		29. Sunflower		50. Halibut		76. Avocado	
5. Corn				51. Lake trout		77. Banana	
6. Egg		<b>MEATS</b>		52. Lobster		78. Blueberry	
7. Fish mix (cod, halibut, mackerel)		30. Lamb		53. Oyster		79. Cantaloupe	
8. Milk		31. Turkey		54. Perch		80. Cherry	
9. Oat		<b>TREE NUTS</b>		55. Salmon		81. Coconut	
10. Pea		32. Almond		56. Scallop		82. Cranberry	
11. Peanut		33. Brazil nut		57. Tuna		83. Grape, white	
12. Pork		34. Cashew		<b>VEGETABLES</b>		84. Grapefruit	
13. Potato, white		35. Hazelnut		58. Bean, lima		85. Lemon	
14. Rice		36. Pecan		59. Bean, navy		86. Orange	
15. Rye		37. Pistachio		60. Broccoli		87. Peach	
16. Shellfish mix (clam, crab)		38. Walnut, black		61. Cabbage		88. Pear	
17. Shrimp		<b>SPICES</b>		62. Carrots		89. Pineapple	
18. Soy		39. Cinnamon		63. Cauliflower		90. Raspberry	
19. Strawberry		40. Garlic		64. Celery		91. Watermelon	
20. Tomato		41. Ginger		65. Cucumber		<b>OTHER</b>	
21. Walnut, Eng.		42. Nutmeg		66. Lettuce			
22. Wheat		43. Pepper, black		67. Mushroom			
				68. Olive			
				69. Onion			
				70. Pepper, green			